



Slow and steady wins the race!

I spoke at assembly this week about the race to the South Pole and the lessons that could be learned from it. The idea behind this talk is to help motivate students into recognising that they are the masters of their own destiny and with that in mind they should plan to be successful. This includes having a simple and achievable goal / focus, to ensure that they ask the right questions from the right people and work at a steady, consistent pace.

These simple ideas are paramount for any students to be successful and in particular for senior students as they move closer to the business end of the year. Time management is crucial here. You should consider having regular targets in terms of NCEA credits across the last half of this year that can be checked off as you meet them.

A **Self-Responsible** learner will look to reach these targets because they have thought about the corresponding rewards. Students with the right **Attitude** will look to support themselves by being adequately prepared, asking appropriate questions from staff and helping fellow students clarify their understanding. Alongside this, students should look to embrace **Other** students' opinions and or ideas, provide them with feedback and show **Respect** at all times.

Dean Sheppard



Students in the Community Round-Up

As we approach the end of Term 2 some students have finished their Students in the Community placements and projects. Others are continuing into new volunteer opportunities, which may see them recognised with a 'distinction' for their efforts.

At the recent Kahu Youth Blue Moon disco, Richard was particularly stoked with the efforts of Alex Johnston, Max Ludwig and Tom Bowman as well as the rest of the crew, who put in great and responsible efforts and got on with what they were asked to do. "It was the smoothest Blue Moon party we've ever had," he said.

Sarah Cooper-Slee, Holly Mercer and Andrew Jopson have finished up their placements at Elmslie House, but they're all keen to go back and visit again. Kim Robertson and Nina Bowley are taking over the Wednesday afternoon fun slot there. Ellie Russell has finished her slot at Wanaka Primary too, where the boys reading to her reckon that "Ellie is really cool to be here and to help us. And she is a very kind person." Plenty of other students are over at the Primary, including re-visiting the One Day school programme they used to attend.

Zoe McNeilly and Alex Thomson have been volunteering with Riding for the Disabled and making a great impression on the young riders there. Some year 7 and 8 students have been having fun learning French vocabulary with Lili Peters on a Friday lunchtime. Sean Webber and Bradley Jackson are helping out at the Wanaka Library and the sports volunteers are still going strong - from netball to little rippa rugby. Sam Keeling, Sam Radford-Park and Craig Murray have been out maintaining bike tracks; Paul Wright, Hank Bilous and Avon Duke have all been out riding them.

Next week is National Volunteers week and students have been invited



to join in the celebrations. Some students are also looking forward to volunteering at the upcoming Winter Games. With all their academic, sporting and social commitments, it is great to see our Year 13s still taking the time to make a difference in our community.

Too many people doing too much good to name here ... good on you all.

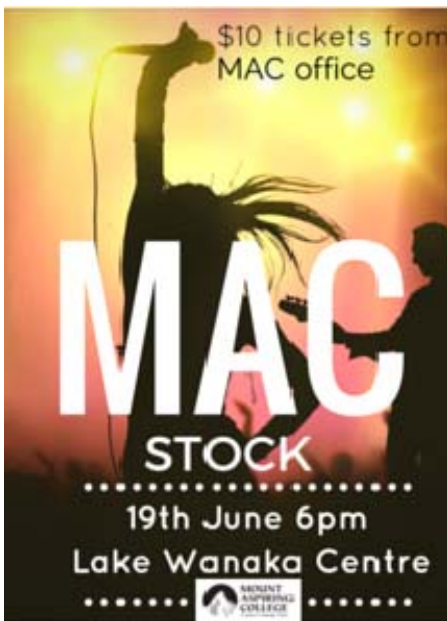
Liz Breslin

MACSTOCK 2015

In assembly yesterday we were treated to an outstanding 'taster' performance by the students pictured. Don't miss this fantastic concert on Friday night at the Lake Wanaka Centre, 6.00 - 9.00 pm. With an amazing range of performances from talented MAC students this showcase of great music will be a night to remember!

The general public and students of all ages are welcome to attend. This year the first hour of the concert will feature the quieter acoustic numbers and the music will then crank up from 7.00 pm onwards. For those more into the 'rock concert' experience we respectfully ask that they consider arriving at 7.00 pm instead of 6.00 pm to ensure that acoustic numbers can be recorded for assessment purposes without too much background noise. However, students performing in events such as Rock Quest have to get used to handling a noisy crowd and 7.00 - 9.00 pm is an ideal chance to mingle with friends, converse loudly with your mates, dance in the mosh pit and enjoy some great music.

There will be a family friendly area upstairs which will be restricted to parents accompanying younger children and there will also be seating downstairs plus, of course, the dance area in front of the stage. A reminder that all



students in Years 7 and 8 need to be collected by their parents from the venue and that students in Years 9 and 10 will only be allowed to leave the venue early if they have a note signed by their parents to say that this is allowed. This is a college event and we want to make it as safe as possible for all attending. For the same reason we operate a 'once in, you stay in' policy and have a ROAR (right of admission reserved) on our tickets.



MACStock is one of Wanaka's best kept secrets - the cheapest concert (\$10) you will get the chance to attend in town, some brilliant up and coming talent, and the safest 'rave' experience for young students to attend. There will be food and drinks to purchase (including Bernie's MAC-famous pizza), supervision from staff and parents and, most importantly, MAC students cranking cool sounds all night long.

OUT AND ABOUT WITH AVON DUKE

What's happening with recycling in Year 8? Avon Duke is building recycling trolleys for the Year 8 classes.

The trolleys are for collecting paper and cardboard. The trolleys are being built out of plastic and metal. The metal trolleys are very strong and were once the old computer trolleys that the school used a couple of years ago. Avon has transformed the computer trolleys into recycling trolleys.



Avon has completed building two trolleys so far; 8SD has a plastic trolley and 8WT has the new metal trolley. He has plans to get on with the next trolley on Thursday 18 June.



Avon Duke,
MAC Roving Reporter

DEFENSIVE DRIVING COURSE

The next course will be held in Alexandra on 4 / 5 July from 10.00 am -12.00 noon and 2.00 - 4.00 pm.

For further information please email Kaye Rowell, Lakes Driver Training krowell@xtra.co.nz or txt [027 623 3534](tel:0276233534).

Cross Country Skiing / Biathlon Programme

Wednesday afternoons during Term 3. Interested? Pick up a form from the Sports Hub, or speak to Mr McNabb.

MACADEMICS

After-School Homework Club

Every Wednesday, Room 24
3:30 pm - 4:30 pm

This is a great opportunity for students at all stages of motivation and ability to complete homework in a pleasant, supportive environment.



QUALITY FIRST AID KITS FOR SALE

A Fundraiser for the MAC 1st XI hockey team.

Bargain Price - Only \$39.00!

Contact Kim on [0274 061 540](tel:0274061540) or email kim.baker@xtra.co.nz for more details.

University of Canterbury Graduates

Congratulations to the following ex-MAC students who graduated from the University of Canterbury in December 2014 and April 2015.

Nick Brooker: Bachelor of Engineering with Honours

Whitney Coers: Bachelor of Arts

Rebecca Farrant: Bachelor of Engineering with Honours

Leah Haggitt: Bachelor of Arts

Michael Hammerich: Bachelor of Engineering with Honours

Brenna Johnston: Bachelor of Teaching and Learning (Primary)

Finlay Meldrum: Bachelor of Engineering with Honours

LOST PROPERTY BIN

The bin in the student foyer is once again full to bursting! Please get students to come and look for lost items as soon as possible.

All non-uniform and unnamed items will be taken to the Recycling Centre during the next holidays.



MERINO MUSTER / SNOW FARM SUPPORTERS DINNER

Lake Bar, Thursday 25 June, from 6.00 pm

The proceeds from the evening will go towards programmes to encourage the local youth and adults to participate in this fabulous race and have a go at x-country skiing. There will be yummy food (ham on the bone, salads, seasonal vegetables and a surprise dessert), kids' entertainment and an auction of amazing goodies on the night. Kids can also dress up as Merino sheep and win some great prizes. Tickets: \$50 or \$120 for a family of four. To book call Mary on [021766910](tel:021766910) or email maryhleenz@gmail.com

WELCOME to Marco Bosisio and Ginevra Diotallevi, both from Italy, who have joined MAC this week.

CAREERS CORNER

University Open Days

Canterbury: Thursday 9 July www.canterbury.ac.nz/openday
Lincoln: Wednesday 15 July www.lincoln.ac.nz/openday
Victoria and Massey (Wellington Campus): Friday 28 August
Auckland: Saturday 29 August
AUT: Contact to arrange visit

FUNDRAISER SUPPORTING MAC Girls 1st XI Football Team

Mid-Winter Christmas

3-Course Buffet / Quiz / Raffles / Live entertainment
Hawea Hotel, Saturday 4 July, 6.00 pm onwards.
Tickets (\$50) on sale from the MAC office.

Important Dates

Term 2 (20 April - 3 July 2015)

Week 9	Friday 19 June	MACStock
Week 10	Tuesday 23 June Friday 26 June	Board Meeting, 6.00 pm, Boardroom MAC Haka / Waiata House Competition
Week 11	1-3 July Thursday 2 July Thursday 2 July Friday 3 July	Year 11 Business Challenge Mufti Day Smokefree Rockquest Regional Final Reports issued
Term 3 (20 July - 25 September 2015)		
Week 1	Wednesday 22 July 23-24 July	MAC Champs Level 2 Urban Geography Trip, Dunedin
Week 2	Tuesday 28 July Wednesday 29 July Wednesday 29 July Thursday 30 July	Board of Trustees Meeting, 6.00 pm, Boardroom Parent / Teacher Interviews ILC Meadow Hut Trip Australian Maths Competition
Week 3	Monday 3 August Tuesday 4 August	Level 1 Outdoor Pursuits Ski Tour Parent / Teacher Interviews

Year 8 Students of the Week: Yesol Park, Ronan Kaye, Indigo Hemingway, Sam Jewell, Ab Kelly McClimont



TERM DATES 2015

Term 3: 20 July - 25 September
Term 4: 12 October - 14 December
Labour Day: 26 October



RUGBY NEWS:~

Rugby Results

Williams Hotel MAC 1st XV lost to Kings High School 1st XV, 53 - 17.
Upper Clutha U15 beat Kings U15, 49 - 12
Upper Clutha U14 lost to South Otago U14, 39 - 35

Mount Aspiring College versus Kings High School

The Williams Hotels Mount Aspiring College 1st XV hosted Otago's biggest boys school, Kings High School on Saturday. Played in perfect conditions, the game started in



positive fashion for the home team. The MAC boys played disciplined controlled rugby and put immense pressure on the visitors. A breakout try gave Kings an early lead but a stunning try to Bailey Nolet levelled the scores. Defensive lapses gifted Kings another two tries to give them a 17-7 halftime lead.

Coach Hamish Crosbie asked his team for a more committed second half but the home team fell away to concede several long range tries to the speedy Kings backs. Two late tries from Edward Trombik and Cameron Arnerich brought the full time score to 53-17. The Cinema Paradiso player of the day was Blair Underwood (pictured) who was a constant threat at centre.

Rugby Draw

Williams Hotel MAC 1st XV v Waitaki Boys, MAC, Midday
Upper Clutha U15 v Kings U15, Bathgate Park, 12.45 pm
Upper Clutha U14 v Dunstan U14, Alexandra, 11.15 am

Otago Cross Country

Cross country running is taking off at Mount Aspiring College, with nine athletes competing in all age groups at the Otago Cross Country Champs last week. The recent heavy rain and flooding forced the organisers to postpone the event to a slightly less wet day. However, this didn't make the race any easier. The course was tough - hilly, soggy and muddy, and our runners had very little left by the end of their 3 or 4 km race. The following results reflect the dedication these athletes have put into their training with coach Val Burke:



Under 16 boys: Janus Staufenberg -1st, Nick Toepfer - 2nd
Under 16 girls: Sammy Burke -1st
Under 15 boys: Gregor Findlay -1st, Matthew Prince - 4th
Under 15 girls: Phoebe Young -1st, Bella Fraser - 3rd
Under 14 boys: Julius Staufenberg - 3rd
Under 14 girls: Fiona Murray - 3rd

Most of these athletes will go on to compete at the NZ Cross Country Championships on 20 June and we wish them all the best.

Important Sporting Dates

20 June NZSS Cross Country Running Champs, Dunedin
28-29 June Inter-schools Tournament (v Mount Hutt), Wanaka
3 July SISS Swimming Champs, Greymouth
4 July SISS Cycling Champs, Christchurch
4 July SISS Clay Target Shooting, Timaru
22 July MAC Ski / Snowboard champs
3 August Otago SS Ski / Snowboard Champs, Cardrona
10-15 August MAC Snow Week (Years 7-10), Wanaka
21 August MAC Cross Country Champs (Lismore Park)

For more information, to register your interest, or to list an event, please contact Jacky at the Sports Hub, or email: sports@mtaspiring.school.nz

RIPPA RUGBY

Two teams from MAC played in the Central Rippa tournament in Queenstown last week. The build-up had not been ideal for our players, with two out of three training sessions cancelled due to the weather. However both teams played well and the Year 8 team, Black, won two of their pool play games. In the semifinal the Blacks lost to the more experienced Arrowtown team.

A big thanks from the teams to coaches Jason Clark, John Timu and Carl Schmack and referees Levi Vink, Louis Jones and Oliver Jarvie. Also to Jodi Voyce for organising the trials, training, coaches and referees.



MAC SPORTS website:
sports.mtaspiring.school.nz

LATE RETURN OF SPORTS UNIFORMS

Penalty fees apply:

\$20 if handed in more than a week after the team returns.

\$65 replacement fee if not handed in by end of term (\$20 late fee deducted from this if already paid).

MAC SPORTS HUB Facebook page

Check out the latest photos and news. Like us!

BASKETBALL NEWS

A new tournament was held in Queenstown on Tuesday which gave our school basketball teams the chance to play against the other Central Otago school teams. Coaches Carrie Berkey and Keith Stubbs have been working hard with the students and their efforts certainly seem to have paid off.



In the boys division, the MAC junior team demonstrated some good skills and fantastic teamwork. Gregor Findlay, Nic O'Donnell-Fluit and Ben O'Brien had standout performances in each of their three games. The team won against Wakatipu and Cromwell, and played strongly against the MAC senior boys team. The senior boys won the boys' division with 3 consecutive wins, beating our juniors by 30-11. Liam McFall, Daimler Arcega and Carl Matalote all had outstanding games.



In the girls division, MAC had an impressive win against the Roxburgh mixed team, with Lucy O'Brien and India O'Donnell-Fluit performing well throughout the game. Bridget O'Brien, who is only in Year 9, put on a solid defence in the second half. In their second game, the senior girls lost only by one point to Queenstown, and Amy Jolly was awarded player of the game. In the final game, the girls again fought a close battle with the Cromwell mixed team, losing by only a few points. Briar Hight was on fire for the whole game, playing well on both attack and

NETBALL DRAW (* = outside)

MAC A	Bye		
MAC B	v Finishers	19/06	6.25 pm
MAC C	v Lake Hawea Hotel	19/06	7.20 pm
MAC 9A	v Nu Look	18/06	6.25 pm
MAC 10A	v Pioneer C	19/06	5.30 pm
Year 11 Social	v Year 12 Social	19/06	4.35 pm
Senior Social	v Silver Threads	18/06	5.30 pm
MAC Gold	v Aspiring Engineers	18/06	4.35 pm *
Infinity	v U C Year 8 Reps	18/06	4.35 pm

Football Recognition

Congratulations to Adam Hewson and Ben Hadida who have been selected for the 2015 Boys Football South interfered team. The Year 11 boys will compete in a tournament in Christchurch.

Wanaka to host Volts Generator

Otago Cricket coaching staff are coming to Wanaka to deliver a two-day Volts Generator programme during the upcoming school holidays (9 / 10 July).

For more information please email Will Deerness on will@otagocricket.co.nz or phone the office (03 477-9056).

Year 7-10 Snow Days 2015

Students may choose up to 2 days. Forms have been issued to the students this week.

Monday 10 August - Year 9 / 10: Cardrona

Tuesday 11 August - Year 7 / 8: Cardrona

Wednesday 12 August - Year 7-10: Snow Farm

Friday 14 August - Year 7-10: Treble Cone

MACLIC Corner



All the books borrowed in Term one now need to be returned to the library please. You can visit the Library page in the parent portal to find out which books are booked out and now overdue.

Those students who have books outstanding since last year will be suspended from issuing any more books from the library until the book is returned or paid for. Action is required if you don't want to appear on the big bad red BANNED list!

Florence Micoud, Kaitiakipukapuka, Librarian

Aspiring Young Musicians Holiday Band!

Do you play a musical instrument?
Come and be a part of a new junior community band!

When: Wednesday 15th July 10 am – 4 pm

Where: Mount Aspiring College Music Room.

Who: Years 5-8 Open to students who are currently having music lessons and who are not beginners.

How much: \$25

What: This is a one day camp during the school holidays ending in a showcase performance at the end of the day. There will be instrument workshops throughout the day as well as full band rehearsals. We are also hoping to perform prior to the Stars In Your Eyes in September.

Aspiring Young Musicians is a not for profit organisation. The day will be run by Helen Carter and Pete Stevenson and other musical tutors will be brought in as required.

For further enquiries and registration contact Helen Carter on 021 292 1485 or wanakamusic@gmail.com.

40 HOUR FAMINE UPDATE

Did you know:

- 20,000 children die each day due to poverty
- 80 percent of humanity live on less than \$10 a day
- Hunger is the number 1 cause of death in the world
- Nearly 8 million children in Bangladesh are malnourished

With only a week to go until the official collection period is over, this year's 40 Hour Famine has once again been a huge success. Work towards it began during Term 1, with a group of students travelling to Dunedin to attend a conference held by World Vision. This conference helped schools to share ideas and understand how the money raised by this event is crucial to those in impoverished places such as Bangladesh. Since then the committee has been in charge of distributing booklets and overseeing the general 'famine' as well as hosting additional events - such as a bake sale and the teachers' cross country event.

Support from both staff and students has been fantastic and, although the money raised is still being counted, the famine committee would like to say "thank you" for all the donations made so far by those participating in the famine, people who supported them and those who contributed to the bake sale and the cross country. For the children in Bangladesh who go without proper food, clean water and education every little bit counts. If you have not yet returned your famine book handing them back with as little as \$2.00 rather than empty could still make a big difference. It would be fantastic if all outstanding books could be returned by the end of next week - put yours in your school bag today!

The 40 Hour Famine Committee



Congratulations to the Level 3 Drama students for their powerful execution of "Shudder" by Pip Hall last week. They rose to the physical challenge the show presented and created some memorable images for their audiences.

Quirky body propping meant there were some light moments amongst the more serious explorations of Wellington stereotypes.

For many, this public performance marks the end of four years together. Over this time I have seen them grow into fearless young men and women ready to tackle any theatrical challenge. I will miss their energy and enthusiasm next year.

Emily McRae

SOAR Wanaka Stage Show

A powerful, moving, colourful and energetic showcase of song and dance at the Lake Wanaka Centre

Five performances over two days:
10 / 11 July.

Tickets (\$25) from Video Ezy.

School Holiday Club:

Monday 6 - Friday 17 July

Details of activities and online bookings open on Monday 15 June.
Visit: www.communitynetworks.co.nz to book online.



UPPER CLUTHA JUNIOR SPORTS ACADEMY

Along with 19 other Mount Aspiring College students we were fortunate enough to be selected for the Upper Clutha Junior Sports Academy. Those of us who applied had to list our sporting achievements, discuss our goals in sport and describe what support we needed. We were extremely lucky to be accepted and have learned so much already.

The Academy is a great opportunity to help you achieve at a higher level in your sport. We have learnt about nutrition, goal setting, core exercises, team skills and how to deal with failure. We think it is a good way to learn and have fun at the same time.

We have enjoyed the way the programme alternates between learning sessions and fun ones, such as rifle shooting and team building tasks. Every session has taught us more about ourselves and we have been lucky enough to meet many high achieving athletes, such as Dougal Allen, Katherine Eustace and Jenny Ferguson who have given us advice on what it is like to be a professional athlete.

Our favourite activity was the overnight camp; we did an amazing race through Wanaka while tied to another member; which we enjoyed a lot. We did lots of other fun activities that showed us how much you need to work as a team and communicate.

Anyone who is accepted into the Academy will have a great time and will benefit a lot from it. I strongly recommend the Junior Sports Academy to anyone who wants to take their sport further or is just looking for tips to succeed in their sport.

Jasmine Murray and Fiona Murray

MAC Champs entries and payment need to be at the office by **Wednesday 24 June**

MAC CHAMPS
Ski & snowboard
SLALOM & GravityX
CARDRONA
New!
All Years
Yr7 & 8 youth Comp
yr9 & 10 Junior Comp
Yr11 to 13 Senior Comp
22nd JULY
WEDNESDAY
Entry forms from the Office or Sports Hub
BASE
BASENZ.COM
THE WAXROOM
Ski & snowboard tuning & repairs
LAKE WANAKA / NEW ZEALAND