



### Talent overload!

Last Friday night I was lucky enough to attend the annual MACStock event. Once again I was reminded of the amazing pool of talent we have here at MAC. I was doubly impressed by the talent that ranged in ages from Year 7 all the way through to Year 13, with many stand out performances. I think MACStock highlights the commitment both students and the music department have towards music; it's a fantastic night for all and if you missed it you should definitely put it in your diary for next year. Well done to everyone that was involved.

Many of Friday night's performers will be on stage again next Thursday when they compete in the RockQuest Regional Finals at the Queenstown Memorial Hall, which starts at 7.00 pm. If any of you can make it over to Queenstown your support would be hugely appreciated. With a record number of acts (27) competing it is going to be a feast of music. I wish all the MAC entrants (listed right) the best of luck. If you perform as well as you did last Friday I'm sure that your chances of winning a prize will be good.

The winner and runner up band / performer both get the opportunity to advance to the next stage of the competition. In addition there is the coveted 'People's Choice' award where a band is selected by the audience. Voting for this is already open and anyone who votes goes in the draw to win a Smokefree RockQuest prize pack. To vote, you need to txt the name of your favourite band (see list right), omitting any spaces (for example *neararmageddon*) in the band name to 3933. There is one vote per cellphone.

Coming up this Friday we will once again witness a noisy battle between the houses when each house performs their waiata and haka. All students are expected to be in the gym at 8.35 am ready to start by 8.40 am. Barker will be first and should sit on the floor at the canteen end of the gym, Pisa will be second and should sit on the floor at the opposite end, Iron should sit upstairs at the rear of the gym and Roy should sit upstairs at the canteen end. The girls will sing the waiata first and then the boys from the same house will do the haka. Parents and caregivers are welcome to come and watch the clash of the houses, but be prepared for a noisy experience!

Dean Sheppard



#### **SMOKEFREE ROCKQUEST** Thursday 2 July,

**GOOD LUCK TO:**

##### NEAR ARMAGEDDON

Isaac Bell  
Lucan Smith  
Morgan Allen  
Tyler Bailey

##### JUNIOR SOUNDSYSTEM

Luca Harrington  
Red Simpson  
Elliot Frost  
Oli Thomas

##### DISCONNECTED

Jordyn McDonald  
Sarah Millis  
Emma Stalker  
Bridget Donovan  
Chan Jung

##### ACOUSTIC MELODY

Ellen Cagney  
Paige O'Brien

##### PARALLEL

Ellesse Andrews  
Ella Muluschnig

##### TWO

Connor Moore  
John Steven

##### ROSIE AND BILLIE

Rosie Spearing  
Billie Scurr

##### EVIE

Evie Simonsohn



### ILC FAREWELLS

Thank you to the host families and students who came to the Lake Hawea Hotel for our Term 2 Leavers' Dinner. Heart felt speeches were made and there were even a few tears.

We were all so proud of Teresa Haap, Jan Debeur, Eric Nicholson, Murilo Conde, Andre Codeceira, Anton Guethe, Luca Horeni, Jonathon Jaschke, and Valtteri Vaakanainen (not in person!!) for the effort they made acknowledging everyone and telling us about their stay. It seems that it has truly been a fantastic life changing experience to be a part of MAC and our community. Well done leavers - we will miss you!

For those Kiwis that go that extra mile to help our internationals settle in and feel a part of something really great - keep up the good work! This is so important when you are 'new'.

Next term we have more international students coming from Germany, Italy, Brazil, Chile, Holland and Brazil. Make sure you say KIA ORA when you see them - like Ginevra and Marco (who have already arrived) they will be coming from a European summer and it will seem not only cold, but also new, exciting and perhaps a little scary.

Claire Easterbrook



## HOMESTAY FAMILIES NEEDED

Warm, caring families, living close to town, needed to support our Homestay Programme for international students at the college.

This opportunity will make you friends from all around the world and assist your local high school at the same time. Not only that, you will be paid \$250 a week!

If you would like to find out more, please call 03 443 0466 to speak to our Homestay Coordinator, or you can email [homestay@mtaspiring.school.nz](mailto:homestay@mtaspiring.school.nz).

## FIRST AID KITS FOR SALE

Only \$39!

Be quick - orders must be received by Thursday 30 June.

Call Kim on 0274 061 540 or email: [kim.baker@xtra.co.nz](mailto:kim.baker@xtra.co.nz)

MAC 1st XI hockey fundraiser.



## LOST PROPERTY BIN

The bin in the student foyer is once again full to bursting! Please get students to come and look for lost items as soon as possible. All non-uniform and un-named items will be taken to the Recycling Centre during the next holidays.

## MERINO MUSTER / SNOW FARM SUPPORTERS DINNER

Lake Bar, Thursday 25 June, from 6.00 pm

The proceeds from the evening will go towards programmes to encourage the local youth and adults to participate in this fabulous race and have a go at x-country skiing. There will be yummy food (ham on the bone, salads, seasonal vegetables and a surprise dessert), kids' entertainment and an auction of amazing goodies on the night. Kids can also dress up as Merino sheep and win some great prizes. Tickets: \$50 or \$120 for a family of four. To book call Mary on 021766910 or email [maryhleenz@gmail.com](mailto:maryhleenz@gmail.com)

## STOP PRESS! JOB OPPORTUNITIES

Two carpentry apprenticeships are being offered by two reputable Wanaka Builders.

To find out more information contact Jim Harrington at Southern Group Training: 0275448842 / [jim@apprenticeships.net](mailto:jim@apprenticeships.net)

## MACLIC Corner



The library festival will happen at the start of next term. There will be a scholastic book fair and a book exchange event, among others. Start saving money for the book fair and putting aside books which you would like to swap!

Florence Micoud, Kaitiakipukapuka, Librarian

## West Ham United Oceania Academy- Player ID Football Camp

For U8- U18 players. Thursday 16 and Friday 17 July, Dunedin. More information is available at the Sportshub.

## CAREERS CORNER

### University Open Days

Canterbury: Thursday 9 July [www.canterbury.ac.nz/openday](http://www.canterbury.ac.nz/openday)  
Lincoln: Wednesday 15 July [www.lincoln.ac.nz/openday](http://www.lincoln.ac.nz/openday)  
Victoria and Massey (Wellington Campus): Friday 28 August  
Auckland: Saturday 29 August  
AUT: Contact to arrange visit

### STAR Holiday Courses

The polytechnics in Queenstown, Dunedin, Christchurch and Invercargill run special interest courses or career tasters in the holidays. These are open and FREE for Years 11-13. Some examples of courses running in July are Agriculture, Hairdressing, Beauty Basics, Adventure Tourism and Graphic Design. See Charlotte at URSpace if you are interested.

## SNOW!

Thanks to all parents for their assistance with last week's snow evacuation. It was good to test out our procedure and we were pleased that we were evacuated in under an hour.

## FUNDRAISER SUPPORTING MAC Girls 1st XI Football Team

**Mid-Winter Christmas**  
3-Course Buffet / Quiz / Raffles / Live entertainment  
Hawea Hotel, Saturday 4 July, 6.00 pm onwards.  
Tickets (\$50) on sale from the MAC office.

## Year 7-10 Snow Days

**Monday 10 August**  
Year 9 / 10: Cardrona

**Tuesday 11 August**  
Year 7 / 8: Cardrona

**Wednesday 12 August**  
Year 7-10: Snow Farm

**Friday 14 August**  
Year 7-10: Treble Cone

All forms and payments **MUST** be returned to the office by Wednesday 1 July. **NO LATE FORMS WILL BE ACCEPTED.**

## MACADEMICS

### After-School Homework Club

Every Wednesday, Room 24  
3:30 pm - 4:30 pm

This is a great opportunity for students at all stages of motivation and ability to complete homework in a pleasant, supportive environment.

## Invitation to advertise in the 2015 MAC MAGAZINE

If you would like the opportunity to support the college by placing an advertisement in the magazine which is issued to all families at the end of the year please contact Mandy on 443 0499 or email [shersonm@mtaspiring.school.nz](mailto:shersonm@mtaspiring.school.nz)

## Important Dates

### Term 2 (20 April - 3 July 2015)

<b>Week 10</b>	Friday 26 June	MAC Haka / Waiata House Competition
<b>Week 11</b>	1-3 July	Year 11 Business Challenge
	Thursday 2 July	Mufti Day
	Thursday 2 July	Smokefree Rockquest Regional Final
	Friday 3 July	Online reports available

Year 10 Camp Forms are due back by this Friday 26 June

### Term 3 (20 July - 25 September 2015)

<b>Week 1</b>	Wednesday 22 July 23-24 July	MAC Champs Level 2 Urban Geography Trip, Dunedin
<b>Week 2</b>	Tuesday 28 July Wednesday 29 July Wednesday 29 July Thursday 30 July	Board of Trustees Meeting, 6.00 pm, Boardroom Parent / Teacher Interviews ILC Meadow Hut Trip Australian Maths Competition
<b>Week 3</b>	Monday 3 August Tuesday 4 August Wednesday 5 August	Level 1 Outdoor Pursuits Ski Tour Parent / Teacher Interviews Mufti Day

## Be a part of the Cross Country Skiing / Biathlon Programme

This runs on Wednesday afternoons during Term 3. If you are interested in finding out more about the programme pick up a form from the Sports Hub, or speak to Mr McNabb.

## TERM DATES 2015

Term 3: 20 July - 25 September  
Term 4: 12 October - 14 December  
Labour Day: 26 October



## NEW ZEALAND CROSS COUNTRY CHAMPS

A team of eight athletes from MAC competed at these championships in Mosgiel on Saturday. With big fields in all age groups (220 in the senior boys' alone), competition was tough. All of the MAC athletes performed beyond expectations, and gained valuable experience by taking part in such a big event. Top 10 placings were achieved by Gregor Findlay (7th Junior Boys) and Sammy Burke (5th Senior Girls).

As one of the younger competitors (only 15), and racing in the under 20 category, Sammy's outstanding performance secured her a place on the New Zealand team to compete at the Australian Cross Country Champs in Melbourne in August. We wish Sammy all the best against the Aussies!

## RUGBY NEWS:~

### Rugby Results

Williams Hotel MAC 1st XV lost to Waitaki Boys 22 - 19  
Upper Clutha U15 lost to Kings U15, 46 - 16  
Upper Clutha U14 beat Dunstan U14, 31 - 29

### Mount Aspiring College versus Waitaki Boys

The Williams Hotels Mount Aspiring College 1st XV played one of their best ever games almost toppling the highly ranked Waitaki Boys High School. Despite playing without three first string players the MAC team gave the performance their coaches have been striving for all season. Waitaki were quickly on the board and shot out to a 10-0 lead, but the MAC boys gained more possession and used it well to stretch the Waitaki boys defence. MAC were creative and accurate in attack and brave in defence and were playing more positive rugby. However, despite first half tries to Zac Shields and young lock Josh O'Regan, the Waitaki boys were in the lead 15-12 at half time.

In the second half the MAC team continued to attack and forced Waitaki into errors. The home team surged toward the Waitaki line and were rewarded with a try to Lachie Garrick. In the last ten minutes MAC held a 19-15 lead but, disappointingly, the Waitaki boys were able to benefit from a mistake to score a try and convert to win the game 22-19. While the team were disappointed not to win against such a highly ranked opposition the skill and commitment from all the players has set the tone for the rest of the season.

All of the players who took the field played well, but none better than captain Ellis Meyer-Budge. He was well supported especially by his tight five including Josh O'Regan who was outstanding and deserved to be the Cinema Paradiso player of the day.

### Rugby Draw

Williams Hotel MAC 1st XV v Taieri College, MAC, 1.00 pm  
Upper Clutha U15 v South Otago, Balclutha, 1.00 pm  
Upper Clutha U14 v South Otago, Showgrounds, 1.00 pm

## ATHLETICS—IMPORTANT DATES

- \* Term 3 Junior Programme (Years 5-7) - Thursdays, 3:30 pm at the Wanaka Primary School hall (starts 23 July)
- \* Otago Cross Country Champs (club) - Saturday 11 July, Dunedin
- \* NZ Cross Country Champs (club) - 1 August, Christchurch
- \* Otago Road Champs - 22/ 23 August, Clyde, Alexandra or Dunedin

## NETBALL DRAW

MAC A	v Lake Hawea Holiday Park	25/06	5.30 pm
MAC B	v Year 10A	26/06	5.30 pm
MAC C	v Cromwell A2	26/06	7.20 pm
MAC 9A	v Silverthreads	26/06	9.10 pm
Year 11 Social	v MAC Gold	26/06	4.35 pm
Senior Social	v Nu Look	25/06	6.25 pm
Year 12 Social	v Aspiring Engineers	25/06	4.35 pm
MAC Wellman	v UC Year 8 Reps	25/06	4.35 pm outside
MAC Infinity	v Checketts	26/06	4.35 pm outside

### Volts Generator Coaching Programme

Otago Cricket coaching staff are coming to Wanaka to deliver a two-day Volts Generator programme during the upcoming school holidays (9 / 10 July).

For more information please email Will Deerness on [will@otagocricket.co.nz](mailto:will@otagocricket.co.nz) or phone the office - (03 477-9056).

### MAC SPORTS website: [sports.mtaspiring.school.nz](http://sports.mtaspiring.school.nz)

Your one-stop-spot for:~

- Letters and forms home
- Event information
- Sports results

### WELL DONE!

Gregor Findlay wins this week's Black Peak voucher for always getting his forms and uniforms in on time!

### LATE RETURN OF SPORTS UNIFORMS

#### Penalty fees apply:

\$20 if handed in more than a week after the team returns.

\$65 replacement fee if not handed in by end of term (\$20 late fee deducted from this if already paid).

## ACTION PACKED FUN FOR THE SCHOOL HOLIDAYS!

Ever wondered about playing hockey? Why not come and give it a go?

We are running courses for all ages and abilities in Wanaka on Wednesday 16 and Thursday 17 July, with Friday 17 July as a backup wet weather day. These sessions will suit everyone from complete novices to seasoned players. There are six sessions to choose from at **just \$15 a course**.

The sessions will be run by experienced MAC players who are raising funds for their First XI tournament in August. To register, contact Kirsty: 027 2005 111, [kirstybarr1@gmail.com](mailto:kirstybarr1@gmail.com), 443 8609.

## Important Sporting Dates

28-29 June	Inter-schools Tournament (v Mount Hutt), Wanaka
3 July	SISS Swimming Champs, Greymouth
4 July	SISS Cycling Champs, Christchurch
4 July	SISS Clay Target Shooting, Timaru
22 July	MAC Ski / Snowboard champs
25 July	National Climbing Series 3, Auckland
28 July	Felsted High School (UK) v MAC 'A' Netball team, MAC
31 July	St Phillips College (Australia) netball and football v Year 10 MAC
3 August	Otago SS Ski / Snowboard Champs, Cardrona
10-14 August	MAC Snow Week (Years 7-10), Wanaka
15 August	Merino Muster, Snow Farm
21 August	MAC Cross Country Champs (Lismore Park)
24-25 August	Kavanagh College Sporting Exchange (Years 7/8)
25 August	COPSA Cross Country Champs
29 August	Wanaka Intercollegiate Trapshooting Champs, Wanaka
30 August - 4 September	Winter Tournament Week Netball, Timaru, U15 Rugby, Nelson, Hockey, Greymouth Football (Girls), Invercargill, Football (Boys), Christchurch

For more information, to register your interest, or to list an event, please contact Jacky at the Sports Hub, or email: [sports@mtaspiring.school.nz](mailto:sports@mtaspiring.school.nz)

## TARGET SHOOTING SUCCESS

The MAC trap shooting team competed at an inter-school tournament in Dunedin last Sunday.

Individuals that had success were Lachie Weir (2nd, Single Rise Boys), Ty Sarginson (High Over All Single Rise Boys) and Ruth Bennie (2nd, Single Rise Girls and 2nd, Single Barrel Girls). Ty was the only person to shoot a possible (20/20) in the single rise so won his title outright.

Well done to all three students - a great effort in the wet, windy and bitterly cold conditions.



## MAC CHAMPS HOUSE COMPETITION

Entries and payment must be at the office by  
**Monday 29 June**

There are some great prizes from the Waxroom,  
BASE and Racers Edge!

## THANK YOU!

*The key to our success  
Rests with people like you  
Who embody the spirit of greatness  
By saying "Yes I can, and you can too!"*

Its National Volunteers Week. **Thank you** to all of our student and adult coaches, referees and managers for inspiring and encouraging our students in sports and physical recreation. We appreciate everything you do!

**BINGO!** - come and join the fun!  
Enterprise group 'DIMENSION' fundraiser:



## EATING HEALTHY

In our Level 3 Home Economics class we have been studying the issue of overconsumption of energy dense foods in New Zealand and how it leads to diabetes and obesity. Five students worked with local young athletes to educate them on healthy eating strategies for before, during and after exercise. This was also to teach them about the difference between nutrient dense and energy dense food.

In groups they made muesli snack bars, which are nutrient dense providing them with lots of longer lasting energy. Each athlete got to take home a booklet of information and recipes that they can make at home. Homemade baking is always a better and more recommended option as you can control exactly what goes into them i.e. sugar. Overall our session went well with an awesome outcome. We hope the athletes went home sharing and teaching what they learnt.

My group and I would like to say a big thank you to the athletes of the Upper Clutha Sports Academy that attended our Sports Nutrition session on Tuesday 23 June.

**Adele Thomson**

### Calling All Diabetics

MAC has been approached by a young diabetic endurance athlete, Emily Wilson, who is currently living in Wanaka. Emily has been chosen as the Young Leader to represent Diabetes NZ at the World Diabetes Congress in November and is trying to ascertain how many people in this area suffer from diabetes.

"I really want to bring about some positive change in the diabetic community" says Emily, "adolescence is a hard enough time as it is without having diabetes to manage too!"

Any diabetic students who would like to make contact with Emily can do so by emailing her:

### Aspiring Young Musicians Holiday Band

Wed 15 July, 10.00 am – 4.00 pm, MAC Music Room.  
For students in years 5-8 who are currently having music lessons and who are not beginners. \$25

For further enquiries and registration contact Helen Carter on 021 292 1485 or wanakamusic@gmail.com.

### Scholarship Tutorials

Monday lunchtime	SI/BU Room 36	Physics / Chemistry
Wednesday lunchtime	BA Room 22	English - from next term
Friday lunchtime	WS Room 23	Media Studies - fortnightly

### Other Tutorials

Wednesday lunchtime	AS Room 29	All levels Economics
Thursday lunchtime	SI/BU Room 36	L2/L3 physics

### Maths Department Tutorials

Come along with any questions you have about maths or stats - have some prepared questions for the tutors to help you with. Students can attend any tutorial where they see their year level. We recommend that you try to use the weeks without assessments where possible as the tutorials are always busiest during assessment times. Teachers will be in the specified rooms for the first 5-10 minutes of the tutorial. If there are no students they will cancel the tutorial.

Monday lunchtime	FI	Years 7 - 13	Room 9	Level 3 Stats
Tuesday lunchtime	AR	Years 8 - 12	Room 19	
Thursday lunchtime	WA	Years 11 - 13	Room 7	Level 3 Calc
Thursday after school	BI	Years 7 - 13	Room 8	

## MAC SPORTS HUB

### Facebook page

Check out the latest photos and news. Like us!

### School Holiday Club:

**Monday 6 - Friday 17 July**

Details of activities and online bookings open on Monday 15 June. Visit: [www.communitynetworks.co.nz](http://www.communitynetworks.co.nz) to book online.

### SOAR Wanaka Stage Show

A powerful, moving, colourful and energetic showcase of song and dance at the Lake Wanaka Centre

Five performances over two days: 10 / 11 July.  
Tickets (\$25) from Video Ezy.

### Want to Become a Ski / Snowboard Instructor?

If you are 16 or older why not register for one of our weekend training programmes which run from mid July for 9 Saturdays. For more details:

[cardronainstructor.com](http://cardronainstructor.com)  
021 255 5929  
[itc@cardrona.com](mailto:itc@cardrona.com)

### WANTED: - MOBILE PHONES

Do you have an old mobile phone that you no longer use?

Why not donate it to the Starship Mobile Phone Appeal?

This organisation will recycle your phone to raise valuable funds for the Starship National Air Ambulance. Drop your old cell phone off at the college office and we will forward it to Starship on your behalf.

### Festival of Sport and Recreation

This FREE family day out, hosted by the Upper Clutha Sports

Community, offers "have-a-go" activities and information on a wide range of sporting and recreational opportunities.

More details to follow but make sure that you book Saturday 19 September in your diary now.